

# BLOWING IN THE WIND

NEWSLETTER FOR SAILING AND DINGHY SECTIONS OF CYC

5-3-19

## *Upcoming Events*

[Keelboats-Wednesday 6<sup>th</sup> March-6.25pm-Twilight](#)

[Keelboats-Saturday 9<sup>th</sup> March-Short course racing](#)

[\\*\\*\\*Keelboats-Ladies Skipper Race-re sail date-Saturday 23<sup>rd</sup> March](#)

[Dinghies-Sunday 10<sup>th</sup> March-Windward Series-Race 3](#)

[\\*\\*ALL-Sunday 17<sup>th</sup> March-2pm-Commodore's Cup Invitational Race](#)

## KEELBOAT NEWS

The Sailing Program Booklet with the sailing instructions and courses is available at the Club or also on the CYC Website in the Keelboat section.

### MARCH

06-Mar-19	WED	1825	Twilight
09-Mar-19	SAT	1400	CLUB START SHORT COURSE RACING-(MAXIMUM 3 RACES)
13-Mar-19	WED	1825	Twilight
16-Mar-19	SAT	No racing at CYC-See 17 <sup>th</sup> March SS22 Association Championship Race 6(RPYC)	
17-Mar-19	SUN	1400	COMMODORE'S CUP Farr 9.2 Association visiting
20-Mar-19	WED	1825	Twilight
<b>23-Mar-18</b>	<b>SAT</b>	<b>1400</b>	<b>CLUB START-Lady Skippers Race</b>
27-Mar-18	WED	1825	Twilight

30-Mar-18 SUN 1400 CLUB START  
SS22 Association Championship Race 7(SOPYC)

### **Twilights**

**Please note, that if you are participating in a Twilight at CYC, you need to sign on in the Bar before the race and pay \$5. This money helps to buy prizes that are given out during the season.**

#### **Reminders:**

- **Can all skippers please fill out the Safety Form that they were given (by Wilma Poland) Opening Day and drop them into the Office ASAP.**
- **If you have any Club Place Pennants that you would like to re-cycle, please bring to the Club and give to either or Co-chief Starters, Robert and Wilma or any member of the Sailing Committee.**

#### **Roster Reminders: Twilight Starter:**

**Wednesday 6<sup>th</sup> March: Wilma Poland with rostered boat: "Nikki"-John Steinhardt**

**Wednesday 13<sup>th</sup> March: Wilma Poland with rostered boat: "Flight"-Peter Tate**

### THANK YOU S



Without our volunteers we would not be able to go out and enjoy the sport that we love. So it is important to thank these people.

**Thank You to our Duty Starters for :**

**Wednesday 27<sup>th</sup> February: Co-Chief Starter-Robert Jeffery and Robert King from rostered boat "Vagabond" for manning the Start Box for the twilight.**

**Saturday 2<sup>nd</sup> March: No racing due to long weekend.**

**Without these kind members, giving up their time on Wednesdays, Saturdays and Sundays we would not be able to enjoy the racing and friendship and CYC.**

**Thank you very much for the time that you put in at CYC to enable us to go sailing.**

#### **PLEASE NOTE DATE FOR RE SCHEDULED RACE-Saturday 23<sup>rd</sup> March**

The "Lady Skipper" Race has been rescheduled for Saturday 23<sup>rd</sup> March. 4 crews left their pens to participate in this annual event, but one by one, due to the very windy conditions, they ALL retired. Thanks to Trish Jamieson-Lively Lady, Jacquie Hocking-Beaujolais, Simone-Paprika and Wendy Campbell-Unfinished Business for getting out on the water and giving it a go. Get into training for the re-run of this event on 23<sup>rd</sup> March.

**PFSYC are running two invitational events. . Contact PFSYC for more information**

**The Wally Pickford Marathon Race is on Sunday 10<sup>th</sup> March**

**Reminder to both Keelboat and Dinghy Members-please nominate  
for CYC's annual invitational race The Commodore's Cup Sunday 17<sup>th</sup> March**

Nominations are to be done online. If you need help with this, please speak to your Rear Commodore.

For Dinghy members-talk to Walter Reeve and for Keelboat members-talk to Richie Boykett.

This race is being run in conjunction with the Club Sunday Session, so be part of the party and stick around after racing to enjoy the music on The Bovell Green.

## **DINGHY NEWS**

Dinghy Program will be included in the Booklet which is available at the Club or on the Club Website in the Dinghy section.

### **MARCH**

10-Mar-19	SUN	1000	Windward Series-Race 3
17-Mar-19	SUN	1400	COMMODORE'S CUP
24-Mar-19	SUN	1000	Consistency
31-Mar-19	SUN	1000	Club Championship-Race 6

### **2019 Laser State Titles DOMination**

#### **Day 1**

The racing was going to start at 12pm....but the AP flag went up at RFBYC, so they could wait for the Southerly to come in. I rigged up and took off from the CYC foreshore...so I didn't realise what was going on. Luckily, I had Alvaro there to tow me out (and conserve energy) plus we had lots of time to talk tactics. He also had my lunch and various health drinks/snacks on board. So, if nothing else, I looked profesh!!!!

We floated around for about 45 minutes...I had some lunch...Alvaro went over and talked to the other race officials (of course, they all know each other). Then a hint of a Southerly blew in, followed by an armada of white sails out of Freshie (60-odd sailors). I'd be lying if I didn't say I was quietly shitting myself – feeling like I wasn't good enough to be there – and so many boats! There were boats everywhere...but everybody stayed out of each other's way. There was around

21 Standard Rigs...so it just felt like a CYC start line to me...quite normal really! That helped settle the butterflies in my tummy.

I'm glad we did 3-minute start sequences with Alvaro during training, as they were the order of the day. We started in around 10-15kts out of the South...but I was a bit timid and started in the "2<sup>nd</sup> row". However, this was probably one of my better races. I wasn't coming last, but unfortunately, I finished incorrectly (wrong finish line) so I scored a DNF...bummer...I would have beaten somebody! 😞

It was fast turning into a Southerly buster...we must have started in around 18-20kts for the 2<sup>nd</sup> race. Alvaro told me not to get caught up with all the other boats at the boat end and just to find a hole and go for it. I nearly got it right this time...and I had a couple of good upwind legs. All races were 3-lap sausages with a reach and a run at the end (trapezoid). I wasn't going too bad...but the wind was getting stronger and I had a capsize downwind which slowed me up a bit. It was a surprise, because I reckon I've nailed the downwind sailing in a Laser these days. What I didn't realise was that my new rudder had kicked up a bit...I think the rope knot got caught against the casing...so when I thought it was down...it wasn't really-down (either that or the rope stretched a bit). Double-bummer!! Stone motherless last in this race.

By the third race, it was blowing hard enough to knock the cat off a witch's broomstick! I was secretly hoping for windy conditions...because I thought it would give me a better chance against the light-weights in my fleet. What I didn't realise, was that the rudder issue was going to really bite me in the arse in this race. I had 3 capsizes in this race (one upwind...which made me think...hello...there is something wrong here) and two capsizes downwind. I could hardly control the boat downwind...but I didn't know why. I timed-out in this race (due to all the swimming I did) and scored another DNF. Triple-bummer!!!

I had a capsize while sailing back to CYC...and could hardly get back into the boat...Alvaro graciously offered to sail the boat back to CYC for me...so we swapped boats. That is when I realised something was setup wrong...he was battling with the boat too! It only took him a couple of minutes to work out what was wrong...he fixed it and we met back at CYC for a debrief. Thank goodness he was there for me...I don't know how I would have made it back on my own...I was stuffed! We fixed the rudder and got everything ready for the next day. Alvaro couldn't make it – so I was on my own. I can't thank him enough though – firstly for training us...and secondly for rolling up and coaching me. It really did make a difference. Thanks mate!

## Day 2

I dragged myself out of bed thinking "crikey...everything hurts...and the only bits of me that don't hurt...don't actually work!" I checked the forecast, it was going to be windy again, but because it felt so warm, I was sure the wind wouldn't have the venom of yesterday. So, I suited up and took off...the more I moved around...the better I felt.

I rigged up and then sat on the beach, planning not to leave the beach until I saw the armada of boats leaving Freshy (I didn't fancy another hour of floating around because I had no Alvaro to help me). Luckily, I saw Will Nunn and Ross and Wendy Campbell...so we all had a bit of a chat, and that calmed my nerves. They all took off...and I eventually sailed out to the start boat...which was getting ready just around Scotch Spit. Again, I got it wrong...and floated around for nearly an hour...I had a snooze on the boat...and the RFBYC start boat threw me bottles of water to keep me hydrated while I was waiting. Very nice of them.

When the wind filled in, it was more South-West...so I felt better already! I knew I could handle it. 1<sup>st</sup> race was in 10-15kts again, I heeded Alvaro's advice...and picked a hole and went for it...some dude came up underneath me and pushed me up...but it wasn't too bad a start. I handled myself okay...still finished last...but not far behind the main group.

2<sup>nd</sup> race was pretty good...reasonable start, and I made some good moves upwind (thanks to Alvaro, he gave me lots of good tips yesterday). I was getting closer and closer to the main group...but unfortunately, I had a capsize upwind when I was on port and didn't see a starboard tacker...it was a case of hit him or throw the boat over...and it was windy again...got the mainsheet caught up in my feet and uh-oh...time for a swim! I got the boat up real-quick...but still finished last...this time by a greater margin, due to the unintended swim.

3<sup>rd</sup> race was my best start, and it was blowing around 18-20kts by then, but I was handling it no worries. I had lots of crosses with the other two back-markers...and it was really enjoyable sailing. I was coming 2<sup>nd</sup> last (yippee!) but as I usually do at CYC...I made a mistake somewhere – and got pipped by a boat-length. Can't say that I'm overly rapt with coming last every race...but I did feel a sense of achievement sailing back to CYC. I was looking forward to a very lazy Monday holiday!!! 😊

Things I learned:

1. Coaching was great. Just doing the little things like 3-minute starts, working on taking good transits so you knew exactly where you were in relation to the line, how to hold your position at the start, figuring out which is the favoured tack and look for a reason to tack...don't just throw the boat over etc...it all helped. Having Alvaro there on Saturday was a huge boost. I would have liked to do a trapezoid course prior to the States...I had no idea what was going on...boats everywhere...two finish lines...holy crap! If I was in touch with the main group, I could have followed them I guess. 😊
2. As long as you stick to the sailing rules and be a bit conservative at the mark roundings (eg don't approach on port...because these guys are all too good and will shut you out). As Alvaro says, don't get on the lay-line too early, but don't get there on port either.
3. Starts are everything. I'm usually too chicken on the start-line, I must get better at that.
4. The camaraderie among the sailors was great. I saw Andy Brockis there...and met a few other "Masters" - it was good to hear their war-stories.
5. Would I do it again? YOUNBETCHADOOPA! 😊

Dom

**Please send articles to: [annandrew@iinet.net.au](mailto:annandrew@iinet.net.au)**

**OR** [membership@claremontyachtclub.org.au](mailto:membership@claremontyachtclub.org.au)

**Please note articles need to reach Ann Caddick by Monday evening for your article to be included in that week's BIW. If you are sending them to the Office please try to do it by Monday otherwise send straight to AC. Thanks**